



ADULT RACQUETS SCHEDULE

October 1, 2023 - April 30, 2024

TENNIS

Drills

This clinic is designed for any adult tennis player. We will take you through all different strokes in the game of tennis. Focus will be on technique and fun!

Daily
9:00-10:00am | All Levels
Members: \$25 Guests: \$30

Points!

This clinic will be lots of fun games and playing points. You will have the chance to work on your doubles game. Minimum 3.0 level required.

Daily
10:00-11:00am | 3.0+
Members: \$25 Guests: \$30

Live Ball (3.5 and Below)

Live Ball is a phenomenal fast-paced doubles that will leave you with much improved doubles strategy and skills. A workout that checks all the boxes for fitness and fun on the court. Quicker movements, faster reactions, and a great cardio workout. Great way to meet other members of your level.

Fridays
11:00am-12:30pm | 3.5 and Below
Members: \$30 Guests: \$35

Live Ball (4.0 and Above)

Live Ball is a phenomenal fast-paced doubles that will leave you with much improved doubles strategy and skills. A workout that checks all the boxes for fitness and fun on the court. Quicker movements, faster reactions, and a great cardio workout. Great way to meet other members of your level.

Saturdays
11:00am-12:30pm | 4.0 and Above
Members: \$30 Guests: \$35

PICKLEBALL

Beginner Pickleball (101)

Designed for beginner adults, Beginner Pickleball is a class that will provide you with the basic skills and knowledge to move forward with confidence in this rapidly growing sport! This is a great opportunity for those who have never played pickleball before and are looking for a clear path to begin their journey.

Tuesdays & Thursdays
8:00-9:00am | Beginner
Members: \$15 Guests: \$18

Intermediate Pickleball (201)

Take the next step in your journey with Pickleball 201! Designed for recent 101 graduates or players looking to brush up on the fundamentals, Pickleball 201 further develops your dink, volley, serve, strategy, and point play.

Mondays & Wednesdays
8:00-9:00am | Intermediate
Members: \$15 Guests: \$18

Register on the App:

For more information contact:
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760-862-4531



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LAS PALMAS